



**Thursday, October 13<sup>th</sup>                      Panel and Workshop Session B-1**

**A Creative Clash of Cultures: Preserving the Dialectical Tensions Between**

**Self Psychological and Relational Sensibilities**

Presenters:     Malcolm Slavin, PhD and Hazel Ipp, PhD

Interlocutor:   Estelle Shane, PhD

Abstract:

Despite much that they share, the worlds of self psychology and relational psychoanalysis represent distinct sensibilities and, often, clashing analytic cultures. Rooted in differing assumptions about the mind, growth and treatment, each of these analytic worlds tends to stereotype the other. Indeed, a genuine immersion in the conceptual world of the other's paradigm—a mutual recognition, so to speak, at this level—is enormously difficult.

Thus, while appreciating efforts to blend, synthesize and integrate these perspectives, we will raise the question of whether, at this point, it may be more productive to articulate fully their fundamental differences— in effect, to appreciate the deeper tensions between them as part of a larger, relational dialectic. Viewing a clinical case from both perspectives, we'll explore what attempting to define and hold these contradictions means in the treatment relationship and how it might represent one way of working simultaneously and creatively in both analytic worlds.

Objectives:

1. To identify the differing basic assumptions about human nature that characterize the "cultures" of self psychology and relational psychoanalysis.
2. To understand how each of these sensibilities tends to stereotype the other.
3. To view the clinical process from a viewpoint that recognizes and the inherent tensions between these paradigms as part of a larger relational dialectic.



**Thursday, October 13<sup>th</sup>**

**Panel and Workshop Session B-2**

**Meet the Author:**

**Self Experiences in Group -- Revisited: Affective Attachments and Intersubjective Regulations Creating Pathways to Human Understanding**

Presenters: Irene Harwood, PhD, PsyD, MFT, MSW; Emanuel Shapiro, PhD; Rosemary Segalla, PhD; Barbara Feld, MSW, BCD, CGP; Paula Thomson, PsyD; Judy McLaughlin-Ryan, MFT; and Vivian Gold, PhD

Interlocutor: Jill Gardner, PhD

Abstract:

Presenters will offer cutting edge theoretical perspectives from affect, affiliation, attachment, caretaking, neurobiology, regulation and trauma theories applied to group psychotherapy. Content will be based on an upcoming book publication: *Self Experiences in Group – Revisited: Affective Attachments and Intersubjective Regulations Creating Pathways to Human Understanding* with a foreword by Joseph Lichtenberg.

Objectives

1. Attendees will be able understand how multiple early attachments contribute to a more resilient adult relating repertoire and how to help facilitate optimum affiliation in groups.
2. Attendees will understand the positive effects of group interaction on affects, states, intimacy and isolation.
3. Attendees will learn how different Somatic Techniques that can be utilized to process Trauma and increase resilience.
4. Attendees will learn how different creative group processes increase regulation, playfulness, working through and a sense of well being and efficacy.



**Thursday, October 13<sup>th</sup>                      Panel and Workshop Session B-3**  
**Understanding Brandchaft's Pathological Structures of Accommodation**

Presenter:     Shelley Doctors, PhD

Interlocutor:   Sanford Shapiro, MD

Abstract:

Bernard Brandchaft is well known as a “founding father” of intersubjectivity. Yet many therapists either fail to recognize his main contribution, “systems of pathological accommodation,” or have difficulty in knowing how to deal with it when it is suspected to be present. Pathological structures of accommodation may be present when spontaneity and clarity are supplanted by self-doubt, self-criticism, or confusion. Affective sequences like these and others reflect the residue of earlier intersubjective environments and may function to preserve an attachment bond and to maintain self cohesion.

The second part of the program will feature a previously unpublished paper by Brandchaft (from *Toward and Emancipatory Psychoanalysis: Brandchaft's Intersubjective Vision*, Routledge, 2010, co-authored and co-edited by Brandchaft, Doctors, and Sorter), which contains the most detailed illustrations of his clinical approach in print.

**Objective**

After this workshop, therapists will understand the meaning of “Pathological Structures of Accommodation,” and will gain an awareness of how to recognize this phenomenon in patients and in themselves.



**Thursday, October 13<sup>th</sup>**

**Panel and Workshop Session B-4**

**Listening Perspectives:**

**Listening/Experiencing Perspectives and Analysts' Subjectivities:**

**Controversies and Reassessments**

Presenter: James L. Fosshage, PhD

Interlocutor: Sandra Hershberg, MD

Abstract:

Listening/experiencing perspectives and psychoanalytic models profoundly shape the analyst's subjective experience and activity. In addition to the empathic perspective, conceptualizations of other listening perspectives have emerged both within self psychology and psychoanalysis at large. This workshop aims, first, to reassess, through a conceptual and historical lens, the controversies still generated by the empathic perspective; secondly, to delineate and assess the different conceptualizations of listening perspectives emergent within self psychology and psychoanalysis at large; and, thirdly, to focus more specifically on my proposal of using three primary listening/experiencing perspectives: the empathic, other-centered and analyst's self perspectives. Detailed clinical vignettes will be presented to illustrate how the use of the ongoing oscillation between these three perspectives increases our understanding of patients and their experiential worlds as well as our own reactions as analysts. Lastly, how theoretical models affect and are affected by the analysts' listening is illustrated through the theories encapsulated in the terms, "wish," "demand," and "need."